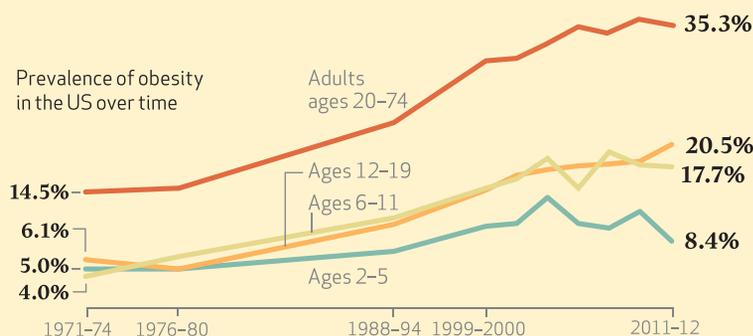


DATAGRAPHIC

DOI: 10.1377/hlthaff.2015.1110

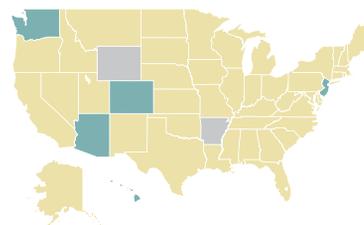
Focus On Obesity

Over one-third of adults and one-sixth of youth in the United States have obesity. After decades of worsening, the trend has stabilized in the past few years. However, the US obesity rate is still among the highest in the world and carries a price tag of \$117 billion a year in medical expenses. Americans' diets are slowly improving, but new health initiatives remain crucial. New studies focused on youth, a group especially at risk, are looking at the effectiveness and cost of different interventions and the impact of certain foods over time.

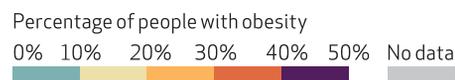
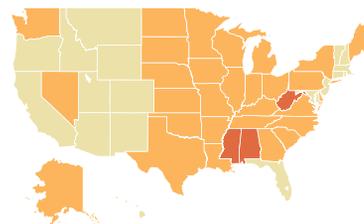


A growing problem ...

1992



2002



16.9% of young people (ages 2-19) in the US have obesity

34.9% of all adults in the US have obesity

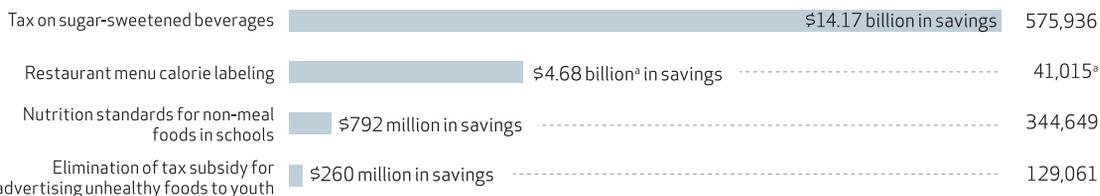
6.3% of all adults in the US have extreme obesity

Impact of interventions to reduce childhood obesity

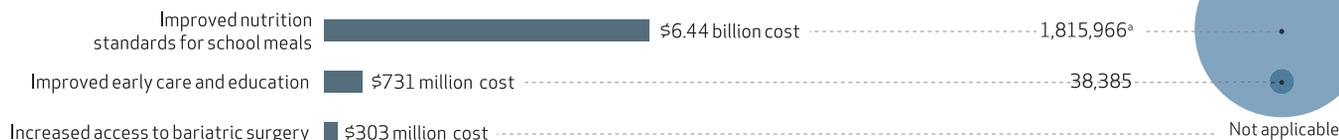
Estimated ten-year cost-effectiveness and outcomes for childhood obesity interventions in the US, 2015-25

MEASURES THAT REDUCE HEALTH CARE COSTS BY MORE THAN THEIR IMPLEMENTATION COSTS

Cases of childhood obesity prevented in 2025



MEASURES THAT REDUCE HEALTH CARE COSTS BY LESS THAN THEIR IMPLEMENTATION COSTS



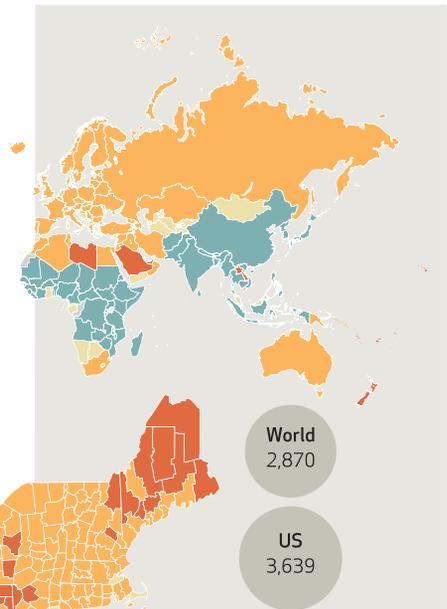
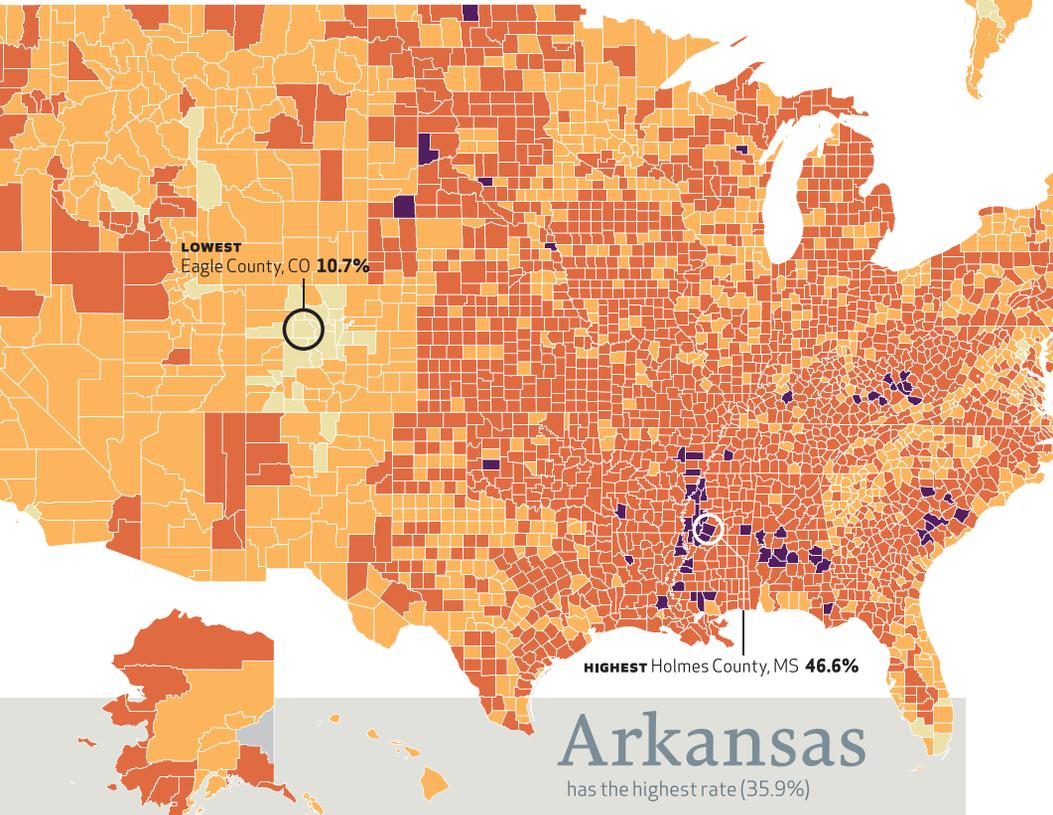
See Gortmaker et al. on page 1932

^aThe 95% uncertainty interval for the estimate includes zero.

... in the US ... -----> ... and the world

2012

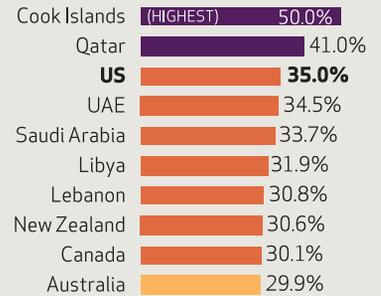
2014



Daily calorie supply per capita

Global obesity

Selected countries

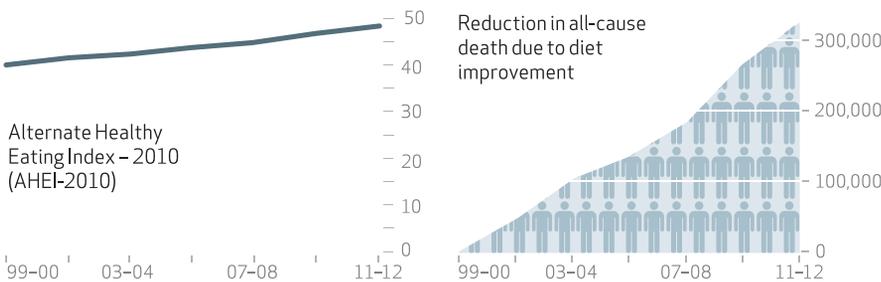


SOURCES Centers for Disease Control and Prevention (US prevalence chart and US maps); World Health Organization (world map and chart).

NOTES In adults, obesity is body mass index (BMI) of 30 kg/m² or above. In youth ages 2-19, obesity is BMI at or above the 95th percentile of the sex-specific BMI for age on the CDC's growth charts.

For a full list of sources, click on the Appendix link in the box to the right of the DataGraphic online.

Diet is getting better overall ...



See Wang et al. on page 1916

Who bears the health care costs of severe obesity?



See Wang et al. on page 1923

Individual categories do not sum to the total as a result of rounding.

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